



What is the Emergency Medical Treatment Form?

Metro Fire provides a form for citizens to fill out that will give firefighters important information to treat you in a medical emergency at your home.

How Can Firefighters Find the Form?

In the event Metro Fire firefighters are in your home during an emergency, they will check the front of the refrigerator for your Emergency Medical Treatment Form. Post the filled-in form on the front of your refrigerator using tape, sticker or a magnet. For privacy, the bottom of the form can be folded up just underneath the fire department logo; make sure the logo still shows.

How Often Should I Update the Form?

You should update your Emergency Medical Treatment Form annually or any time your medical information changes.



Fill Out the Emergency Medical Treatment Form

- Fill in name, age, address and other identifying information.
- List medical insurance information.
- Write in appropriate medical history.
- Write in names of your medication and your allergies.
- Select 1st, 2nd, 3rd hospital preferences for transport.
- Name person you want contacted in case of emergency.

Place the Form on the Front of the Refrigerator

The front of your refrigerator is highly visible, firefighters who are not familiar with your home can quickly, and easily find the form if it is in the same place at every home.

Metro Fire respects your privacy and information provided on the form will only be used as State Law allows.



Hospital Preference Choice

If you need to be taken to the hospital, firefighters want to know your first, second and third choice. Emergency room closure, over-capacity, and/or road closure may present a situation where your hospital preference choice cannot be honored.

Local Hospital Options:



- Kaiser South—6600 Bruceville Rd. in Sacramento
- Kaiser North—2025 Morse Ave. in Sacramento
- Kaiser Roseville—1600 Eureka Rd. in Roseville
- Methodist—7500 Hospital Dr. in Sacramento
- Mercy General—4001 J St. in Sacramento
- Mercy Folsom—1650 Creekside Dr in Folsom
- Mercy San Juan--6501 Coyle Ave. in Carmichael
- Sutter General—2801 L St. in Sacramento
- Sutter Roseville—1 Medical Plaza in Roseville
- UCD Medical Center—2315 Stockton Bl. in Sacramento
- VA Hospital--10535 Hospital Way in Mather

Questions? 916-859-4300 or www.metrofire.ca.gov



EMERGENCY MEDICAL TREATMENT FORM

INSTRUCTION GUIDE


Post on Refrigerator


Call 9-1-1 in an emergency!

Emergency Medical Treatment Information Sheet

Patient Information

Patient Name (First, M.I. Last) _____ Age _____ Date of Birth _____

Address _____ City _____ Zip Code _____

Phone Number _____ Insurance # *Select One or Multiple*

Other
 Medi-Cal
 Medicare/Medicaid
 Kaiser
 Health Net

Emergency # _____

Medical History (Check All That Apply)

Cancer
 Stroke
 Diabetes
 Seizures
 High BP
 Cancer
 Fract
 Dementia
 Asthma

COPD
 Myocard
 Other _____

Allergies: _____
 Penicillin
 Morphine
 Latex
 Peanuts

Hospital Preference For Transport: (Select 1st, 2nd, 3rd Choices)

Kaiser S
 Kaiser N
 Methodist
 Mercy S
 UCD
 Sutter S
 Sutter R
 Mercy S
 Kaiser F

SMO EMF 1 00011 www.metrofire.ca.gov Sacramento Metropolitan Fire District

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